







2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>1</div> <div>Jazzercise (10a) Pool (12p-4p)</div> <div>SWIM LESSONS Start Monday!</div>	<div>2</div> <div>Ed's Bootcamp(5-10a) Kickbox Rx (6a & 8a) SoMi Walks (9:30a) Water Aerobics (11a) Basketball (6p) Jazzercise (6:30p)</div> <div></div>	<div>3</div> <div>Ed's Bootcamp (5-10a) Jazzercise (9:30a) Basketball (6p)</div>	<div>4</div> <div>Ed's Bootcamp (5-10a) Kickbox Rx (6a & 8a) F.L.O.W. (9:30-2:30p) Water Aerobics (11a) Basketball (6p) Jazzercise (6:30p)</div> <div></div>	<div>5</div> <div>Ed's Bootcamp (5-10a) Jazzercise (9:30a) Basketball (6p)</div>	<div>6</div> <div>Ed's Bootcamp (5-10a) Kickbox Rx (6a & 8a) Jazzercise (6:30p) Basketball (6p)</div>	<div>7</div> <div>Jazzercise (9:15a) Pool (12p-4p)</div>
<div>8</div> <div>Jazzercise (10a) Pool (12p-4p)</div>	<div>9</div> <div>Ed's Bootcamp(5-10a) Kickbox Rx (6a & 8a) Water Aerobics (11a) Basketball (6p) Jazzercise (6:30p)</div>	<div>10</div> <div>Ed's Bootcamp (5-10a) Jazzercise (9:30a) Basketball (6p)</div>	<div>11</div> <div>Ed's Bootcamp (5-10a) Kickbox Rx (6a & 8a) Water Aerobics (11a) Basketball (6p) Jazzercise (6:30p)</div>	<div>12</div> <div>Ed's Bootcamp (5-10a) Jazzercise (9:30a) Basketball (6p)</div>	<div>13</div> <div>Ed's Bootcamp (5-10a) Kickbox Rx (6a & 8a) Basketball (6p) Jazzercise (6:30p)</div> <div></div> <div>Movie in the Park 7p Dante Fascell Park</div>	<div>14</div> <div>Jazzercise (9:15a) Pool (12p-4p)</div>
<div>15</div> <div>Jazzercise (10a) Pool (12p-4p)</div>	<div>16</div> <div>Ed's Bootcamp(5-10a) Kickbox Rx (6a & 8a) SoMi Walks (9:30a) Water Aerobics (11a) Basketball (6p) Jazzercise (6:30p)</div> <div></div>	<div>17</div> <div>Ed's Bootcamp(5-10a) Jazzercise (9:30a) Basketball (6p)</div>	<div>18</div> <div>Ed's Bootcamp(5-10a) Kickbox Rx (6a & 8a) Water Aerobics (11a) Basketball (6p) Jazzercise (6:30p)</div>	<div>19</div> <div>Ed's Bootcamp(5-10a) Jazzercise (9:30a) Basketball (6p)</div>	<div>20</div> <div>Ed's Bootcamp(5-10a) Kickbox Rx (6a & 8a) Basketball (6p) Jazzercise (6:30p)</div>	<div>21</div> <div>Jazzercise (9:15a) Basketball (11a-6p) Pool (12p-4p)</div>
<div>22</div> <div>Jazzercise (10a) Pool (12p-4p)</div>	<div>23</div> <div>Ed's Bootcamp (5-10a) Kickbox Rx (6a & 8a) Water Aerobics (11a) Basketball (6p) Jazzercise (6:30p)</div>	<div>24</div> <div>Ed's Bootcamp (5-10a) Jazzercise (9:30a) Basketball (6p)</div>	<div>25</div> <div>Ed's Bootcamp (5-10a) Kickbox Rx (6a & 8a) Water Aerobics (11a) Basketball (6p) Jazzercise (6:30p)</div>	<div>26</div> <div>Ed's Bootcamp (5-10a) Jazzercise (9:30a) Basketball (6p)</div>	<div>27</div> <div>Ed's Bootcamp (5-10a) Kickbox Rx (6a & 8a) Basketball (6p) Jazzercise (6:30p)</div>	<div>28</div> <div>Jazzercise (9:15a) Basketball (11a-6p) Pool (12p-4p)</div>
<div>29</div> <div>Jazzercise (10a) Pool (12p-4p)</div>	<div>30</div> <div>Water Aerobics (11a) Pool (12p-4p)</div> <div></div> <div>Holiday Hours 10a-6p</div>	<div>31</div> <div>Ed's Bootcamp (5-10a) Jazzercise (9:30a) Pool (12p-4p) Basketball (6p)</div>	<div>Fitness Center Open: M-F: 5a to 10p Saturdays: 9a to 6p Sundays: 10a to 2p</div>		<div>Gibson-Bethel Community Center 5800 SW 66th St South Miami, FL 33143 305-668-3876 www.southmiamifl.gov</div>	<div> South Miami THE CITY OF PLEASANT LIVING</div>

PROGRAMS AND CLASSES - MAY 2016

Health and Fitness



Ed's Boot Camp: South Florida's oldest and most effective boot camp provider. Unlimited classes year round, no contracts, no registration fees. Equipment provided. Check out www.edsbootcamp.com or call 305-613-9920.

Kickbox Rx: By combining the elements of kickboxing, strength training and core conditioning that guarantee results. Check out www.kickboxrx.com or call 305-613-9920.



Jazzercise: A pulse-pounding, beat-pumping fitness program that gets you results fast. Check out www.jazzercise.com for more information or call 305-666-5457.

South Miami Walking Club: Join us on the first and third Monday of the month for a walk around South Miami. Meet up with our staff at the community center to start walking, get a free pedometer and track your steps. Lets get fit together!



WATER AEROBICS

Water Aerobics classes are every Monday and Wednesday at Murray Park Aquatic Center, 6701 SW 58th Place, from 11:00a to 11:45a. Register for the whole month for \$35 or try out one class for \$5. Build cardiovascular fitness and increase muscle strength without the impact on your joints. See you at the pool!



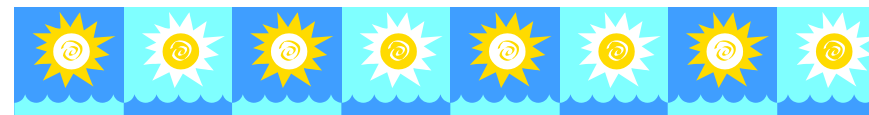
F.L.O.W. is Here!

Florida License On Wheels will be at the Gibson-Bethel Community Center on 5/4/16. Renew a license, obtain a replacement license, change an address, get an ID card, or renew vehicle registration.



Summer camp

Registration for Summer camp opens May 2nd for residents and May 9th for non-residents. Camp is \$30 a week for residents and \$125 a week for non-residents. Sign up soon. Spaces fill quickly.



Soccer & Basketball Programs

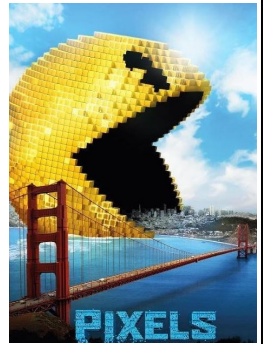
Youth Soccer: In partnership with South Miami United F.C., the city provides recreational and travel soccer programs for ages four and up. Children can learn, and enjoy soccer in a program that emphasizes the value of sportsmanship and teamwork. Check out www.smufc.net or call 305-608-3182 for more information.



Miami Basketball: miamibasketball.net is starting up again and Spring league registration is now open! Practice is at the community center and times vary based on age and skill level. Call 786-205-5198 or check out www.miamibasketball.net to register.

May Events

Movie in the Park: Come to the movie in the park. We will be showing Pixels (PG-13) at 7p at Dante Fascell Park on May 13th. Bring the family, some snacks, and a blanket to watch the movie under the stars! Free popcorn provided. See you there!



Call 305-668-3873 or email parks@southmiamifl.gov for more information about events happening in April.

GROUP & PRIVATE SWIM LESSONS!

Sign up for swim lessons with The City of South Miami. Group lessons and private lessons available Monday through Friday. To view the class schedule and registration form [click here](#), call 305-668-3876, or come to the Gibson-Bethel center and pick up an Aquatics Information Booklet.



TENNIS LESSONS, & MORE!

Sign up for private lessons, reserve a court for your own play, take a class or join in the after school tennis program at Dante Fascell Park. For more information call the Tennis office at 305-666-8680 between the hours of 8a-12p and 2p-6p or email parks@southmiamifl.gov.

